



DR GARTH MCLEOD

Bariatric - Obesity Surgery, General Surgery BSC, BHB, MBCHB, FRACS

Dr Garth McLeod BSc, BHB, MBChB, FRACS is a General and Bariatric (Weight Loss) Surgeon who lives and operates on the Sunshine Coast. He is a Fellow of the Royal Australian College of Surgeons (FRACS) in general surgery, with subspecialty training in obesity and metabolic surgery. Dr McLeod is a current member of ANZMOSS, the subspecialty surgical society for weight loss surgeons.

Dr McLeod's surgical exposure was broad from the outset. After he graduated from Auckland University School of Medicine in 1998, he spent over ten years working in Surgery and Emergency Medicine. Six years were in General Surgery and Urology, and five years in Emergency Departments. This exposure was predominantly rural hospitals in both New Zealand and Australia. He began his advanced surgical training in 2010 and completed it four years later. In 2014 he was admitted as a Fellow of the Royal Australasian College of Surgeons in the specialty of General Surgery.

Prior to his appointment at Noosa Private Hospital, Dr McLeod completed a 12-month Fellowship in Bariatrics with Dr George Hopkins in Brisbane. The fellowship involved a high volume caseload, with more than 500 bariatric procedures annually. The Practice was based at both Holy Spirit Northside, and the Royal Brisbane and Women's Hospitals. The caseload was incredibly varied, including primary, revisional and complex cases – with patients from intrastate and interstate.

As a surgeon and specialist in obesity and metabolic disease, Dr McLeod's approach is very much centred around the whole patient. He believes that successful weight loss surgery requires a lifelong dedication to health and wellbeing. Good outcomes are enhanced by a commitment to lifestyle changes and supported by consistent follow-up. This is why he offers a comprehensive multi-disciplinary team. He is focused on helping to cement the lifestyle changes patients require to have every chance of long term success. To capitalise on the early additional metabolic effects of surgery, and utilise them to build life-long positive habits. In order to do this, he has assembled a team of experts in the fields of dietetics, psychology and exercise physiology as well a number of bariatric physicians. Together, they commit to your post-surgery care and long term wellbeing long after the procedure.

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