



## MARGARET KELLY

### Clinical Hypnotherapist & Psychotherapist

Margaret Kelly is an experienced Clinical Hypnotherapist and Psychotherapist with a 25 year full time practice at Burleigh Heads on the Gold Coast. After 8 years of travelling to and fro to her life partner at Miva, Margaret is leaving the Gold Coast and moving permanently to the property, and relocating her therapeutic practice to the Gympie Specialist Clinic in Channon Street.

Margaret is down to earth and practical. Her practice is results driven, and on the Gold Coast she is well known to doctors, other professionals and locals, working mainly by word of mouth referrals. She believes that sometimes we all need a little help to overcome life's challenges – no matter how strong we normally are!

Unlike stage work, Clinical Hypnotherapy is a serious modality of change. In a therapeutic context, it allows clients to reach the deeper level of their mind, assisting them with the making the changes to their behaviour and thinking that they wish to make, but of course, only when they are ready!

Margaret deals with a range of client issues, from smoking to anxiety and stress conditions, phobias and traumas, dealing with grief, overcoming drug/alcohol/gambling addictions, and sleep issues. She has helped elite athletes prepare for competition, and has helped patients prepare for surgery and their post operative recovery. She also helps business owners take control of their business, and other professionals improve their performance.

Margaret's background includes studies in Psychology, studying for and obtaining her Bachelor of Behavioural Science at La Trobe University (BBSc Psychology) in 1982. She also brings real life experience from the commercial world to her therapeutic practice, including skills in management and corporate training. Since formally coming in to the field of Clinical Hypnotherapy in 1995, Margaret has been helping clients in her fulltime practice while also training hypnotherapists as Director of the Australian and Pacific College of Clinical Hypnotherapy, and has held positions of responsibility in the profession. Her website provides more details at [www.margaretkelly.com.au](http://www.margaretkelly.com.au)

Margaret is dedicated, passionate and serious about her work. After working with thousands of clients, she still firmly believes that every client is different, and that their therapy must be tailored to their individual needs and circumstances. Her therapeutic training in conjunction with her varied background in the commercial world, and her own life challenges, have equipped her with insight and knowledge to successfully deal with a wide variety of clients and their presenting issues.

### FOR ALL BOOKINGS

**0422 972 131** or visit **[www.margaretkelly.com.au](http://www.margaretkelly.com.au)**

Please post referrals to **PO Box 44, Gympie, 4570**

or fax to **07 5321 3599**